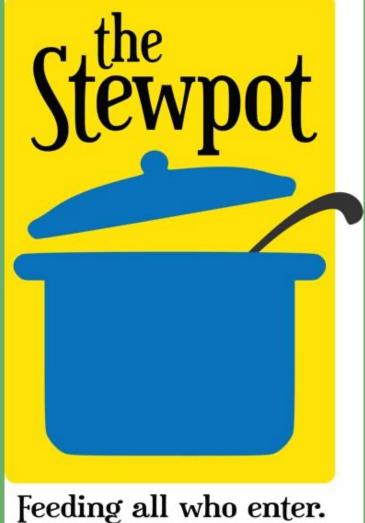
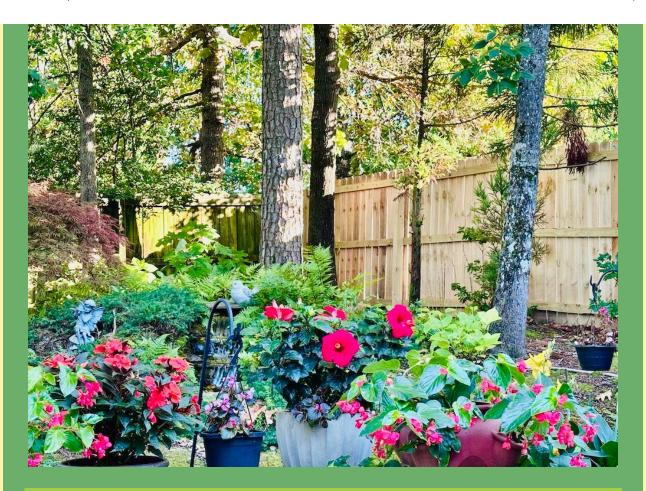
3/26/25, 2:25 PM Email from Little Rock Stewpot



**Stewpot March** 2025 Newsletter

Spring is not far away!



#### **Stewpot's Mailing Address**

P.O. Box 2278, Little Rock, AR 72203

All Stewpot correspondence and donation checks should be sent to this P.O.Box.

# Stephens, Inc. Donates Hams and Turkeys to the Stewpot

Stephens, Inc. donated two hams and three turkeys to the Stewpot in mid-December, 2024. They arrived at the perfect time to enhance holiday meals. We appreciate the continued support of our mission.



**Stewpot Prepares Dinner for** 

# **Dunbar Warming Center** (WORKING IN OUR COMMUNITY)

Early in the fall, Matthew DeSalvo, Chief Homeless
Officer, Department of Housing and Neighborhood
Programs asked Stewpot along with several
other churches and groups in the city to help provide
food for the cold weather shelter open for the homeless
at Dunbar Community Center.

Naturally Stewpot agreed. Our service night was January 9, 2025. Delicious chicken spaghetti and tossed salad was made for 150 and taken to the shelter the day before.

Many groups contributed transportation to shelter, meals, snacks, water, and helped serve the meals. Security is being provided by the city of Little Rock. Transportation provided by The Van.

In February, we geared up as frozen precipitation and arctic cold hit Little Rock for a second time this winter. On this occasion, BBQ, buns and baked potato salad were served to the sheltered folks.



**Jason Cooks the Chicken Spaghetti** 



**Shirley and Nancy Prepare the Salad** 

# Churches Making Donations to the Stewpot

The following List of chuches made donations to the Stewpot in 2024. If your church is not listed, you might want to check with the Financial officer in your church.

## **CHURCH**

Christ Episcopal Church
Park Hill Presbyterian Church
Saint Mark's Episcopal Church
Presbytery of Arkansas
Trinity Cathedral Parish
Grace Presbyterian Church
Trinity Presbyterian Church
Westover Hills Presbyterian Church
Second Presbyterian Church

#### **NEW STOVE AT SALVATION ARMY**

In a joint venture, Stewpot and the Salvation Army have

purchased a new commercial stove to replace the 60-year-old model currently being used. The new stove has 6 burners, two ovens, a griddle and has casters to make sure it's easy to move for cleaning. Everyone is very excited to have a reliable stove to improve cooking and baking skills.

We all feel extremely blessed to have this new working relationship with the Salvation Army. It makes everyone able to provide more services to our vulnerable population.

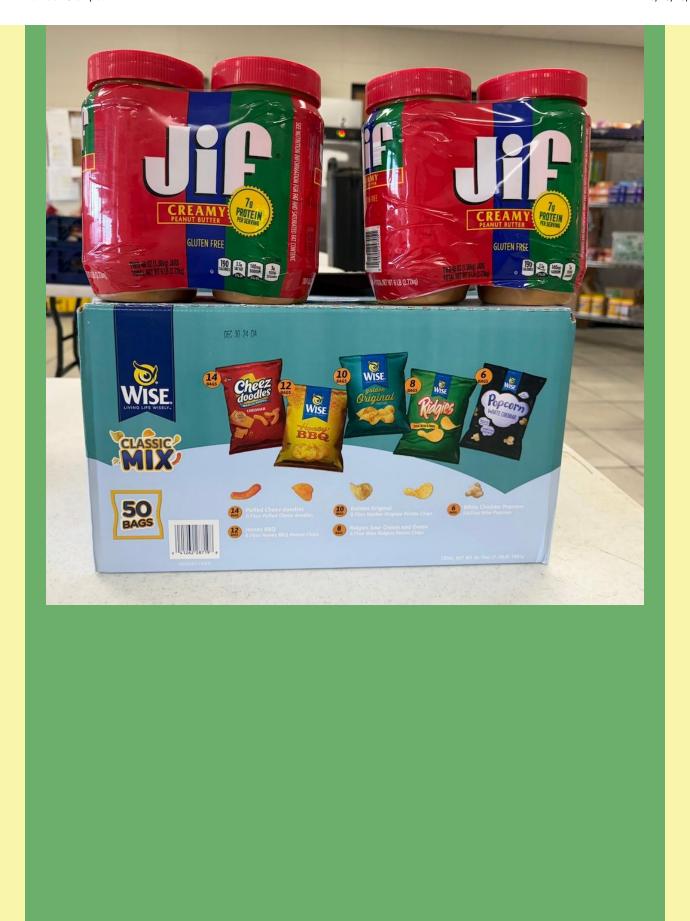


#### STEWPOT LOVES SURPRISES

Several groups in Little Rock periodically surprise

Stewpot with food contributions. This time the donation included 40 large jars of peanut butter and 6 boxes of chips each containing 50 bags of chips. About a week later they donated 24 pounds of hotdogs. These were the delicious dogs grilled at the December cookout for our diners.

Monthly, just when our desserts are running low, another group delivers a big delivery of delicious homemade desserts already prepackaged for our use.





### **First Thursday Team Prepares Lunch**

The First Thursday Team prepares a sack lunch containing a peanut butter and jelly sandwich, a salami sandwich, chips, cookie and condiments.





**Sherry Making Sandwiches** 



Jason Showing Off One of the New Stewpot Cooking Pots

#### **Stewpot Serves Special Desserts**

Jason has really enjoyed experimenting with the stove and oven at the Salvation Army. He has made both peach and cherry cobbler for the Stewpot diners, and both have been big hits! See a photo below of the cherry cobbler.



# Matthew 25 Committee Trinity Episcopal Cathedral Donates Money to Repair Walk-in Refrigerator

The Matthew 25 Committee of Trinity Episcopal
Cathedral donated over \$9000 for the repair of the walkin refrigerator at our new location at the Salvation Army
on Markham Street.

Having a large walk-in cooler increases our efficiency for food preparation. This contribution really helped the Stewpot because space at the Salvation Army is limited.

This wonderful group has assisted Stewpot many times in the last few years allowing us to purchase much needed equipment and kitchen supplies. Thank you, Matthew 25!! The repair of this walk-in refrigerator allowed the Stewpot to sell all of their free standing refrigerators. This really helped the Stewpot because there

was not enough space at the Salvation Army for the free standing refrigerators.



## A Generous Gift: Nourishing Our Community One Snack at a Time

Recently, Stewpot received an unexpected and generous gift that has truly filled our shelves with joy. Thanks to the Simmons Bank Championship PGA tournament held at Pleasant Valley Country Club in Little Rock, we now have a truckload of delicious snacks to share with our

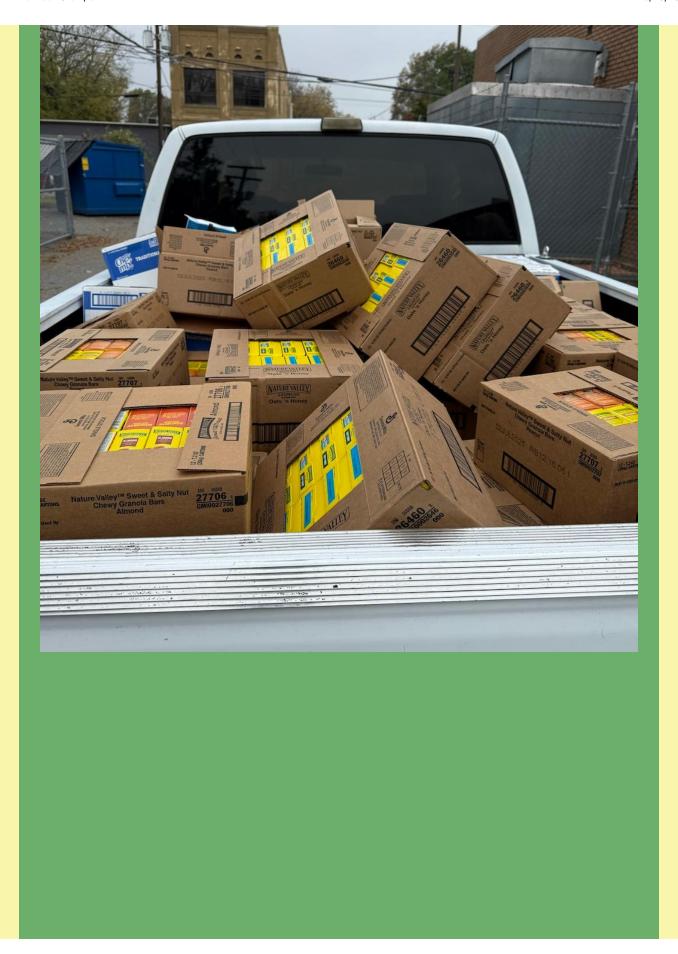
#### community!

The donation included a fantastic variety of treats, such as Nature Valley granola bars, Chex Mix, beef sticks, mixed nuts, and more. These snacks are exactly the type of items we can use to support those in need, and we are thrilled to be able to distribute them to our community members.

We want to extend our heartfelt thanks to Stewpot volunteers Bridgett Norwood, Allan Turner, and Frank Howell, who played a crucial role in ensuring that these snacks made it to us. Frank and Allan worked tirelessly to load the truck and deliver these goodies directly to the Salvation Army, making it possible for us to reach even more people in need.

We are incredibly grateful for the support we receive from our community. It's the efforts of dedicated volunteers like Bridgett, Allan, and Frank that help us identify and secure essential items that make a real difference in the lives of those we serve.

Together, we are not just distributing food — we are nurturing a sense of community and support. Thank you to everyone who continues to advocate for and contribute to our mission at Stewpot. Your generosity and kindness inspire us every day!







## **Thanksgiving Boxes**

A small group of Christians from the Maumelle area who worship at the Pleasant Valley Church or Christ have been doing as the early Christians did. Acts 2:42 – "They devoted themselves

to the apostles' teaching and to fellowship, to the breaking of bread and to prayer."

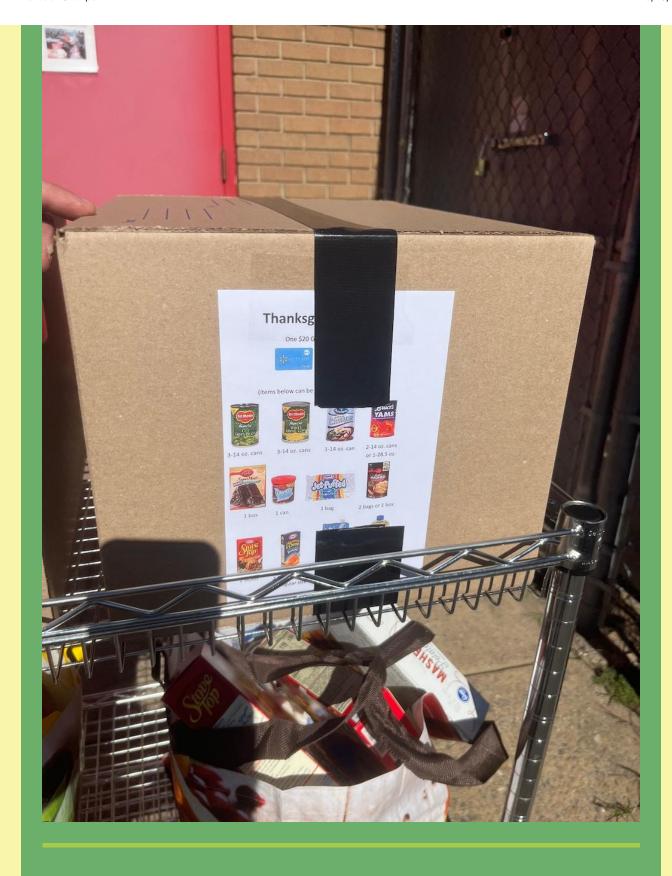
This group is asking God to challenge it with

opportunities to serve outside of its typical community. Last week, they were able to contribute 4 boxes of traditional Thanksgiving food so that individuals might have less stress and food worries and feel that they have been blessed by others who were thinking of them during this holiday time. Likewise, the Maumelle group feels blessed to partner with The Stewpot to find families that seemed that they would benefit from such a gift of love.

The 5 boxes were delivered the week before Thanksgiving and included a complete meal (still required "fixing"). The boxes included the following items: \$20 gift card to Walmart for choice of meat, 3 14 oz. Cans of Green Beans, 1 14 can of Cranberry sauce, 3 cans whole kernel corn, 2 14 oz cans of Yams, 1 large Crisco bottle of vegetable oil, a bag of puffed small marshmallows, 2 boxes of Stove Top Stuffing mix, 2 boxes of mac n' cheese, 1 quart of shelf ready milk, one large box of instant mashed potatoes, and 1 box cake mix and 1 can of frosting to match the cake mix.

God is good....all the time.





## **STEWPOT**

#### **THANKSGIVING**

The Stewpot Thanksgiving Feast was held on Wednesday before Thanksgiving, Tables were setup and decorated outside. The menu included turkey and dressing, gravy, ham with pineapple and brown sugar, green beans, slaw, cranberry sauce, a large croissant and a piece of strawberry



cheesecake for dessert. Volunteers were working all morning decorating the tables, cooking, and cleanup. Kudos to Jason and Nancy, the primary chefs.







## **Stewpot Board Members Assemble Christmas Bags for the Stewpot Diners**

Many Stewpot Board Members gathered on Thursday morning, December 5th, to assemble Christmas bags for the Stewpot diners. The Group met at Westover Hills Presbyterian Church and listened to Christmas music as they filled the bags. Bags will be distributed on December 18th along with a Christmas feast.





## **Stewpot Diners Get a Special Treat**

On Friday, December 6th, a team of executives from Arkansas Health & Wellness (AHW) met at the Stewpot/Salvation Army to grill some "burgers and dogs" for the local folks. In addition to the charcoal-grilled burgers and hotdogs, the menu consisted of Little Debbie snack cakes, chips, and soft drinks of many varieties.

Arkansas Health and Wellness (owned by Centene) is an Arkansas-based employer that offers health insurances to Arkansans and is most associated with the Ambetter Health brand, a program spawned from the legislation commonly known as

"Obamacare". Ambetter Health provides health coverage statewide for over 120 thousand Arkansans of all socioeconomic levels, races, and genders. A local independent insurance agent was available in case any of the local community residents had any question about the current Open Enrollment season or how to obtain no cost coverage through the Department of Human Services.





## **Baptist Health Bags**

On Friday, December 6th, three nurses from Baptist Health brought 75 backpacks containing a hooded sweatshirt and a hat and gloves. A Ziplock bag within the backpack contained a variety of personal hygiene items including, soap, washcloths hand warmers. The bags were handed out during the normal lunch hour from 12:00 p.m. to 1:00 p.m. Thanks Baptist Health!! You have been a faithful contributor to our Stewpot community.







## **Stewpot Holidays**



New Year's Day
Martin Luther King Day
Good Friday
Memorial Day
Juneteenth
Independence Day (4th of July)
Labor Day
Thanksgiving
Friday after Thanksgiving
Christmas Eve
Christmas Day

## Make a Donation to Stewpot

Stewpot's financial support comes from donations from churches, individuals, corporations and grants. With moving costs, food costs rising and our numbers

increasing each month, we really need your financial support. Please help support the Stewpot. Checks can be mailed to The Little Rock Stewpot, Post Office Box 2278, Little Rock, AR 72203.

You can also make an online donation by clicking on Make a Donation below. When you click on Make a Donation, you will have the option of making an online donation with either PayPal or a credit card.

Make a Donación

[Post Office Box 2278, Little Rock, AR 72203] [stewpotlr@gmail.com]

[http://www.stewpot-littlerock.org/]

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